

## July 30 – August 05



Before you go outside, have you got a notebook and pen ready? In it, note the date, time and where you are.



Earlier in the year, we suggested you keep an eye out for lizards on your walk. At this time of the year, watch out for young lizards basking on rocks in the morning (image on the left). They are smaller and darker in colour to the adults, and their tail has a dark green shade. If you spot it, log your record with the National Biodiversity Data Centre <https://records.biodiversityireland.ie>



Umbellifer flower tops are good basking sites for many insects, like the wild carrot in the image on the right. Take a look at the hoverfly. Like other wasp mimicking hoverflies, its body has yellow and black banding. Can you see both wings have chocolate coloured markings? This distinctive hoverfly is called *chrysotoxum bicinctum*. If you are sure of your identification, log it with the National Biodiversity Data Centre <https://records.biodiversityireland.ie>



## August 06 – 12



Think back to when you were last out. What three things did you hear? Describe your experiences and capture these memories.



Did you hear grasshoppers yet? As well as the long churr of a common green grasshopper, you may hear a single brief chirp, repeated. This sound is made by the field grasshopper. If you get close enough to see one (see images on the left) can you spot its red abdomen? If you are sure of your identification, log it with the National Biodiversity Data Centre <https://records.biodiversityireland.ie>



If your walk takes you past a river, or a lake, can you spot small insects milling above the water? They may look like moths but these are adult caddisflies. Juveniles live in water, often in cases made from leaves, stones and twigs. The image on the right is a caddisfly with long, toothed antennae, called a silver sedge. Find out more here <https://trichopteraireland.wordpress.com/2015/02/13/species-profile-odontocerum-albicorne/>